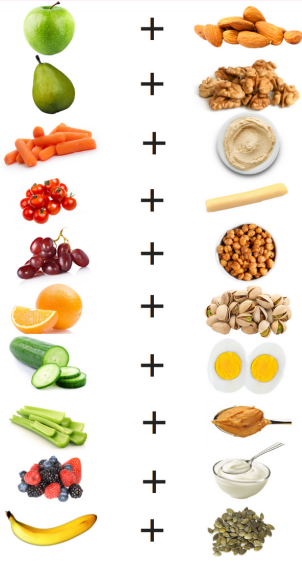




SNACK CARD

PRODUCE + PROTEIN



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PRODUCE + PROTEIN

- | | | |
|--------------------------|---|----------------------------|
| GREEN APPLE (1) | + | ALMONDS (15) |
| PEAR (1) | + | WALNUTS (7 halves) |
| CARROTS (1/2 c.) | + | HUMMUS (1/4 c.) |
| CHERRY TOMATOES (1/2 c.) | + | STRING CHEESE (1) |
| GRAPES (1/2 c.) | + | ROASTED CHICKPEAS (1/4 c.) |
| ORANGE (1) | + | PISTACHIOS (30) |
| CUCUMBER (1/2 c.) | + | HARD-BOILED EGG (1) |
| CELERY (3) | + | NUT BUTTER (1.5 tbsp.) |
| BERRIES (1/2 c.) | + | PLAIN 2% YOGURT (1/2 c.) |
| BANANA (1) | + | PUMPKIN SEEDS (1/4 c.) |

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