

7 Healthy REPURPOSING Tricks



ice cube tray + canned coconut milk →
ice cubes for coffee & tea



shot glass + nuts →
perfect portion control



empty wine bottle + water →
party-ready hydration



crockpot + fresh artichokes →
tender veggie side



contact case + honey →
on-the-go natural blemish cream



spray bottle + H₂O →
post-workout refresh



tiny mint tin + fennel seeds →
natural breath freshener